

# Mount de Sales Academy Senior Transition Experience Program (S.T.E.P.) Information/Course Description for Easter Semester 2020

### What is it?

This course is designed to permit highly qualified students in their senior year the opportunity to explore career options by enrolling in S. T. E. P. (Senior Transition Experience Program). The student's transcript will reflect the internship as having completed the science course: Introduction to Health Care. The partnership is with The Medical Center, Navicent Health. It takes place during the Easter semester of the senior year. Students must be 18 years of age by January 15, 2020. Students are selected based on academic performance, discipline record, demonstration of leadership at MDS, conversational skills, and information submitted on the application for the S.T.E.P. program.

### When is it scheduled?

Those participating in this course will spend one day per week shadowing a professional at The Medical Center or an off-site Navicent facility in the middle Georgia area. Students will rotate through 10-12 various departments in the medical field. On the other four days of the week students report to campus as usual, but are given an extra free period each day, allowing time to make up any work missed and to complete the assignments/projects for the transition experience program.

## What activities take place at the Navicent facilities?

Initially an orientation session is completed, including the health screening and required background checks. Students will shadow hospital employees in numerous departments on a rotating basis. The rotations will include areas at the main hospital campus and off-site locations. Hospital professionals will serve as your mentors while you explore medical and health care fields and are exposed to healthcare systems and realities. You will analyze the learning experience weekly and at the end of the program.

## What are the assignments required for S.T.E.P.?

Selected students will meet the time requirements established by participation with the professionals at The Medical Center and all sanctioned project sessions that result from that. Students will spend one day per week at the hospital, shadowing medical and healthcare workers and administrators. In addition, students will be asked to write a weekly essay describing the activities in which they engaged and analyzing what was learned. Students will be allotted a free period each day to allow time to make up work missed while at the hospital. The free period will be managed the same as a regular free period a student may have scheduled. At the end of the semester the group will process the experience together and provide testimonials for future students.

## How is it graded?

Your grade will be determined by your participation and general performance during the shadow rotations, input from the mentors at the hospital, and the details provided in the weekly summary essays and testimonials. The grade earned will appear on your transcript for the science elective, Essentials of Health Care.